

Personal Support Worker (PSW) Training Programs

Introduction to Personal Support Work

Course Title	Delivery	Duration (Hours)	Prerequisite
Introduction to Personal Support Work	Online	30	Interest in Community Support and Care Services
Introduction to Personal Support Work	In-person	30	Interest in Community Support and Care Services

Communication and Interpersonal Skills for PSWs

Course Title	Delivery	Duration (Hours)	Prerequisite
Communication and Interpersonal Skills for PSWs	Online	24	Introduction to Personal Support Work
Communication and Interpersonal Skills for PSWs	In-person	24	Introduction to Personal Support Work

Health, Safety and Workplace Practices

Course Title	Delivery	Duration (Hours)	Prerequisite
Health, Safety and Workplace Practices	Online	24	Introduction to Personal Support Work
Health, Safety and Workplace Practices	In-person	24	Introduction to Personal Support Work

Safe Mobility and Transfer Techniques

Course Title	Delivery	Duration (Hours)	Prerequisite
Safe Mobility and Transfer Techniques	Online	30	Introduction to Personal Support Work
Safe Mobility and Transfer Techniques	In-person	30	Introduction to Personal Support Work

Personal Assistance and Daily Living Support

Course Title	Delivery	Duration (Hours)	Prerequisite
Personal Assistance and Daily Living Support	Online	45	Health, Safety and Workplace Practices
Personal Assistance and Daily Living Support	In-person	45	Health, Safety and Workplace Practices

Nutrition, Hydration and Meal Assistance

Course Title	Delivery	Duration (Hours)	Prerequisite
Nutrition, Hydration and Meal Assistance	Online	24	Personal Assistance and Daily Living Support
Nutrition, Hydration and Meal Assistance	In-person	24	Personal Assistance and Daily Living Support

Cognitive and Memory Support

Course Title	Delivery	Duration (Hours)	Prerequisite
Cognitive and Memory Support	Online	36	Personal Assistance and Daily Living Support
Cognitive and Memory Support	In-person	36	Personal Assistance and Daily Living Support

Home Care and Community Support Services

Course Title	Delivery	Duration (Hours)	Prerequisite
Home Care and Community Support Services	Online	36	Personal Assistance and Daily Living Support
Home Care and Community Support Services	In-person	36	Personal Assistance and Daily Living Support

Emotional Support and Client Well-Being

Course Title	Delivery	Duration (Hours)	Prerequisite
Emotional Support and Client Well-Being	Online	30	Communication and Interpersonal Skills for PSWs
Emotional Support and Client Well-Being	In-person	30	Communication and Interpersonal Skills for PSWs

Documentation, Reporting and Professional Ethics

Course Title	Delivery	Duration (Hours)	Prerequisite
Documentation, Reporting and Professional Ethics	Online	24	Communication and Interpersonal Skills for PSWs
Documentation, Reporting and Professional Ethics	In-person	24	Communication and Interpersonal Skills for PSWs

Emergency Awareness and Basic Response

Course Title	Delivery	Duration (Hours)	Prerequisite
Emergency	Online	16	Introduction to

Awareness and Basic Response			Personal Support Work
Emergency Awareness and Basic Response	In-person	16	Introduction to Personal Support Work

Workplace Practicum Preparation

Course Title	Delivery	Duration (Hours)	Prerequisite
Workplace Practicum Preparation	Online	20	Completion of Core PSW Courses
Workplace Practicum Preparation	In-person	20	Completion of Core PSW Courses

Comprehensive Program

Course Title	Delivery	Duration (Hours)	Prerequisite
Comprehensive Personal Support Worker (PSW) Certificate Program	Online	300	High School Completion or Equivalent + Interest in Community Support and Care Services
Comprehensive Personal Support Worker (PSW) Certificate Program	In-person	300	High School Completion or Equivalent + Interest in Community Support and Care Services