

Nutritional and Health Sciences Training Programs

The Nutritional and Health Sciences Training Programs provide comprehensive education in public health, environmental health, health administration, community health, nutrition, wellness, epidemiology, health promotion, sustainable health practices, and applied health research. The curriculum is designed to develop practical competencies, analytical skills, leadership abilities, and community-focused health expertise for careers in health services, community health organizations, nutrition and wellness programs, public health agencies, healthcare administration, and health education. Programs are available through Online, In-person, and Blended learning formats.

Public Health

Course Title	Delivery	Duration (Hours)	Prerequisite
Public Health	Online	45	Interest in Health, Wellness, and Community Development
Public Health	In-person	45	Interest in Health, Wellness, and Community Development
Public Health	Blended	45	Interest in Health, Wellness, and Community Development

Environmental Health

Course Title	Delivery	Duration (Hours)	Prerequisite
Environmental Health	Online	45	Interest in Public Health and Environmental Sustainability
Environmental Health	In-person	45	Interest in Public Health and Environmental Sustainability
Environmental Health	Blended	45	Interest in Public Health and Environmental Sustainability

Health Administration and Management

Course Title	Delivery	Duration (Hours)	Prerequisite
Health Administration and Management	Online	50	Interest in Health Services, Leadership, and

			Organizational Management
Health Administration and Management	In-person	50	Interest in Health Services, Leadership, and Organizational Management
Health Administration and Management	Blended	50	Interest in Health Services, Leadership, and Organizational Management

Community Health and Epidemiology

Course Title	Delivery	Duration (Hours)	Prerequisite
Community Health and Epidemiology	Online	50	Public Health
Community Health and Epidemiology	In-person	50	Public Health
Community Health and Epidemiology	Blended	50	Public Health

Health Promotion and Disease Prevention

Course Title	Delivery	Duration (Hours)	Prerequisite
Health Promotion and Disease Prevention	Online	40	Public Health
Health Promotion and Disease Prevention	In-person	40	Public Health
Health Promotion and Disease Prevention	Blended	40	Public Health

Nutrition and Healthy Lifestyle Education

Course Title	Delivery	Duration (Hours)	Prerequisite
Nutrition and Healthy Lifestyle Education	Online	40	Interest in Nutrition, Wellness, and Healthy Living
Nutrition and Healthy Lifestyle Education	In-person	40	Interest in Nutrition, Wellness, and Healthy Living
Nutrition and Healthy Lifestyle Education	Blended	40	Interest in Nutrition, Wellness, and Healthy Living

Health Policy, Ethics, and Governance

Course Title	Delivery	Duration (Hours)	Prerequisite
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Health Policy, Ethics, and Governance	Online	40	Health Administration and Management
Health Policy, Ethics, and Governance	In-person	40	Health Administration and Management
Health Policy, Ethics, and Governance	Blended	40	Health Administration and Management

Community Nutrition and Wellness Programs

Course Title	Delivery	Duration (Hours)	Prerequisite
Community Nutrition and Wellness Programs	Online	45	Nutrition and Healthy Lifestyle Education
Community Nutrition and Wellness Programs	In-person	45	Nutrition and Healthy Lifestyle Education
Community Nutrition and Wellness Programs	Blended	45	Nutrition and Healthy Lifestyle Education

Environmental Risk Assessment and Sustainable Health Practices

Course Title	Delivery	Duration (Hours)	Prerequisite
Environmental Risk Assessment and Sustainable Health Practices	Online	45	Environmental Health
Environmental Risk Assessment and Sustainable Health Practices	In-person	45	Environmental Health
Environmental Risk Assessment and Sustainable Health Practices	Blended	45	Environmental Health

Health Data Analysis and Community Assessment

Course Title	Delivery	Duration (Hours)	Prerequisite
Health Data Analysis and Community Assessment	Online	40	Community Health and Epidemiology
Health Data Analysis and Community Assessment	In-person	40	Community Health and Epidemiology
Health Data Analysis and Community Assessment	Blended	40	Community Health and Epidemiology

Leadership and Communication in Health Services

Course Title	Delivery	Duration (Hours)	Prerequisite
Leadership and Communication in Health Services	Online	36	Health Administration and Management
Leadership and Communication in Health Services	In-person	36	Health Administration and Management
Leadership and Communication in Health Services	Blended	36	Health Administration and Management

Applied Research in Nutritional and Health Sciences

Course Title	Delivery	Duration (Hours)	Prerequisite
Applied Research in Nutritional and Health Sciences	Online	50	Community Health and Epidemiology + Health Promotion and Disease Prevention
Applied Research in Nutritional and Health Sciences	In-person	50	Community Health and Epidemiology + Health Promotion and Disease Prevention
Applied Research in Nutritional and Health Sciences	Blended	50	Community Health and Epidemiology + Health Promotion and Disease Prevention

Comprehensive Nutritional and Health Sciences Professional Program

Course Title	Delivery	Duration (Hours)	Prerequisite
Comprehensive Nutritional and Health Sciences Professional Program	Online	320	Interest in Public Health, Nutrition, Community Health, and Health Services Management
Comprehensive Nutritional and Health Sciences Professional Program	In-person	320	Interest in Public Health, Nutrition, Community Health, and Health Services Management
Comprehensive Nutritional and Health Sciences Professional Program	Blended	320	Interest in Public Health, Nutrition, Community Health, and Health Services Management